



SUMMIT HIGHLIGHT REPORT 2024

**NAVIGATING THE STROKE JOURNEY:
INSIGHTS AND STRATEGIES FOR
COMPREHENSIVE STROKE CARE**

The **7th Ottawa Stroke Summit**, organized by the Champlain Regional Stroke Network on September 27, 2024, offered an invaluable platform for stroke care professionals to gather and enhance their expertise and practices in stroke management. Under the theme “Navigating the Stroke Journey: Insights and Strategies for Comprehensive Stroke Care,” the summit concentrated on disseminating strategies, resources, and practical experiences aimed at improving the quality of care for persons living with stroke.

SUMMIT OBJECTIVES

- Identify key challenges in the stroke journey.
- Develop strategies for comprehensive stroke care.

Supported by the Ottawa University Department of Continuing Professional Development, this accredited event represented the largest regional assembly of stroke care providers in the Champlain region. It encompassed participants from regional, provincial, and national levels, all dedicated to improving stroke treatment, recovery, and support for affected individuals.

SUMMIT HIGHLIGHTS

251 Delegates/
Participants

24 Presenters

3 Plenary
Sessions

2 Debates

9 Concurrent
Sessions



5 Brag and Steal
Presentations

Networking



95% of participants reported they were either satisfied or extremely satisfied with the event.



97% of participants reported they would attend future editions of this summit.

AGENDA AND SPEAKERS

Navigating the Emotional Rollercoaster: A Lived Experience Journey Through Stroke Care

Mr. & Mrs. Ian and Christine Whitecross



The Transformative Journey of EVT and its Systemic Implications

Mr. Mathieu Grenier & Dr. Dylan Blacquiere

Empowering Persons with Stroke, Enriching Outcomes: Using Patient-centred Goals and Outcome Measures to Guide Care

Dr. Anne Hunt

Navigating Recovery Safely: Preventing Falls in Stroke

Ms. Dana Guest and Ms. Mary Haller

Unravelling the Sleep-Stroke Connection: Understanding, Managing, and Prevention

Dr. Laurel Charlesworth



Navigating the Unseen: Unveiling the True Impact of Caregiving in Stroke Recovery

Dr. Jill Cameron, Mrs. Christine Whitecross,
and Ms. Lianne Laframboise

Navigating Post-Stroke Driving: Assessments, Timelines, and Recommendations

Dr. Shawn Marshall

Navigating Stroke in the Young: Insights, Challenges, and Future Directions

Dr. Celina Ducroux

Equity in Stroke Recovery: Overcoming Bias and Disparities in Rehabilitation Access

Dr. Katrine Sauvé-Schenk

Bridging the Gap: Technologies and Rehabilitation Therapy through the Eyes of Home And Community Care Services

Dr. Theresa Grant



The Art of Patient Teaching

Ms. Theresa Straathof

AGENDA AND SPEAKERS



Exploring Medical Assistance in Dying (MAiD): Consultation and Considerations for Individuals with Stroke

Dr. Wesley Edwards and
Ms. Sara Olivier

Balancing Act: Exploring the Benefits and Risks of Expanding Criteria for Endovascular Thrombectomy (EVT)

Dr. Vignan Yogendrakumar (AGAINST) and
Dr. Robert Fahed (FOR)

TeleRehab Revolution: Does Remote Rehabilitation Solve the Healthcare Access Conundrum?

Dr. Hillel Finestone (AGAINST) and
Dr. Jennifer O'Neil (FOR)

BRAG AND STEAL - MASTERING STROKE TRANSITIONS FOR PERSONS WITH LIVED EXPERIENCE

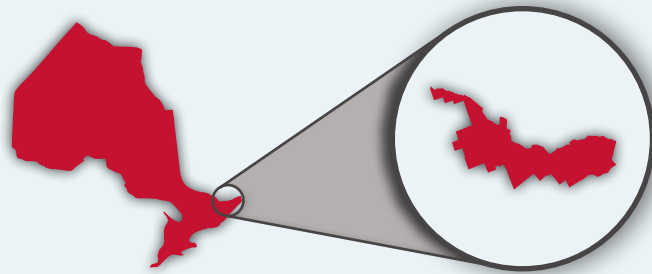
- **In-hospital peer support: a win-win for stroke survivors**
Mara Manzato
- **Patient Led Community Stroke Conference. Together We Can: Never Give Up**
Anna Sewell
- **Standardizing Patient & Family Education Upon Leaving the Hospital After Stroke**
Isabelle Martineau
- **The Get Moving Team - A Model to Promote Early Mobilization of Stroke Survivors in Acute Care**
Kim Fitzpatrick
- **A Collaborative Design of a Regional Acute Stroke Bypass Protocol to Support Timely Access to Endovascular Thrombectomy with a Paramedic Feedback Loop**
Catherine Wong



DEMOGRAPHICS

251 delegates registered for the Summit, including physicians, nurses, allied health professionals, students, persons with lived experience, caregivers, and other stroke partners.

WHO ATTENDED



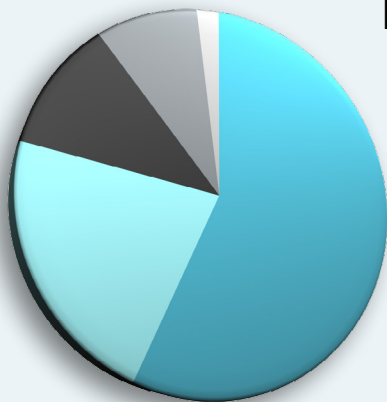
90% were from Ontario

66% were from Champlain.



10% were from out of Province: Quebec and PEI

DELEGATES INCLUDED



- Persons with Lived Experience= 2%
- Physicians= 9%
- Nursing/Allied Health and EMS = 57%
- Health Administrators = 11%
- Other = 21% (planning committee, speakers and sponsors)



DELEGATE TESTIMONIALS

“Extremely well organized and staff were very pleasant and helpful during the conference.”

“Thank you for everything!”



“It was great! I really enjoyed the day.”

“Excellent, impactful presentation.”

“Several ‘aha’ moments in this talk.”

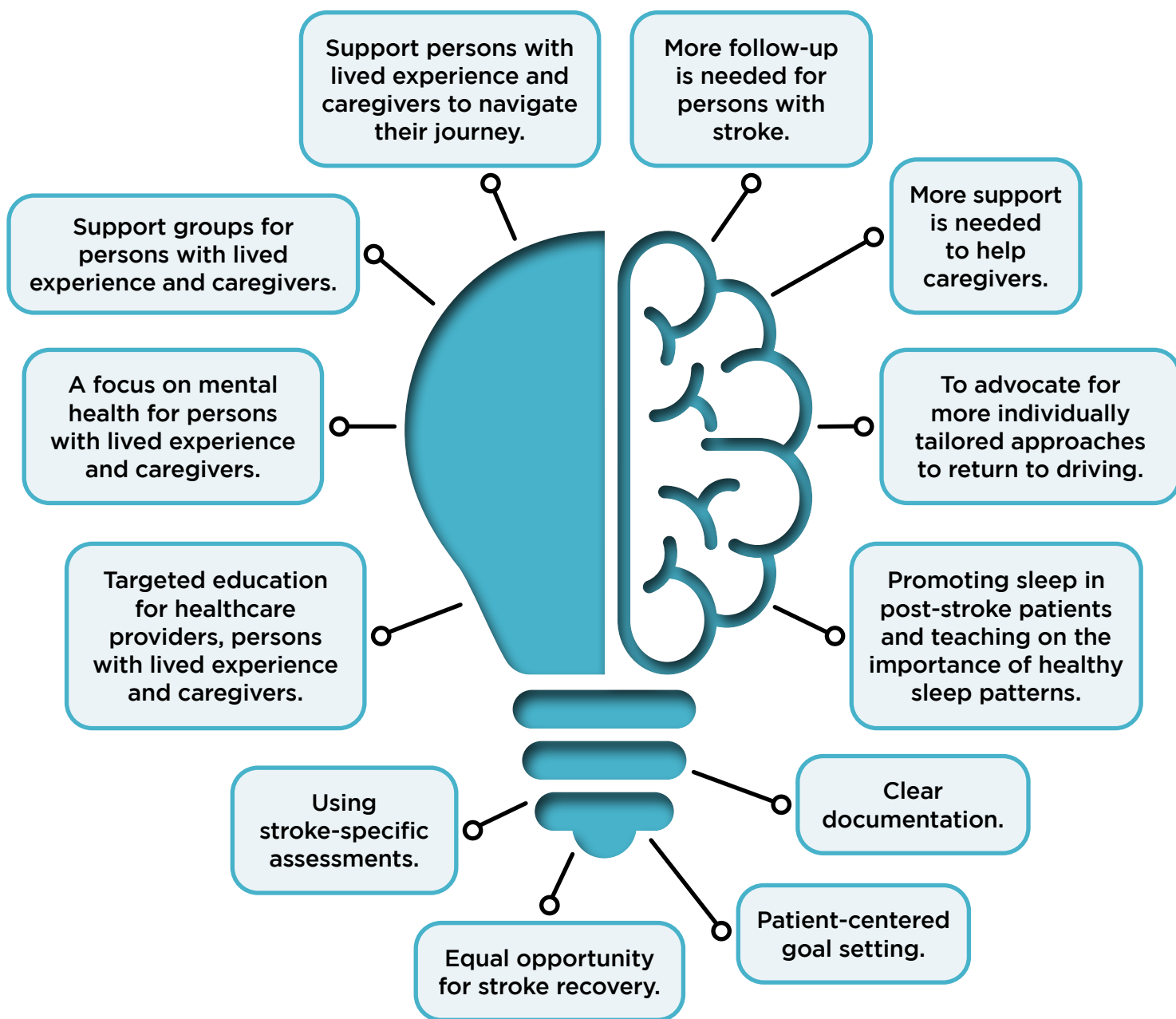
“Lovely pearls of wisdom.”

“It was nice to hear about the successes of different organizations.”

“Well done and relayed information to practical daily use.”



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 Regional
Geriatric
Program of
Eastern Ontario


uOttawa

Institut de recherche
sur le cerveau
Brain and Mind
Research Institute

PLANNING COMMITTEE

Special thanks to the following committee members who participated in the planning of this event:

- Dr. Debbie Timpson, PRH (chair)
- Dr. Dylan Blacquiere, TOH (co-chair)
- Jodi Powell, CRSN
- Laura Dunn, CRSN
- Mathieu Grenier, Renfrew EMS
- Dana Guest, CRSN
- Lisa McDonnell, CRSN
- Dr. Jennifer O'Neil, U of O
- Dr. Lisa Sheehy, CRSN Education Representative
- Michelle Simpson, CRSN
- Ashley Taylor, QCH
- Hope Weisenberg, PRH
- Kim Fitzpatrick, QCH
- Julie Savage, BCC
- Cathy Pacifici, MH
- Melissa Dore, CCH
- Jo-Anne Tessier, CCH
- Jeanne Bonnell, HCC
- Dr. Emily Pranger, Family Physician

