## SPASTICITY



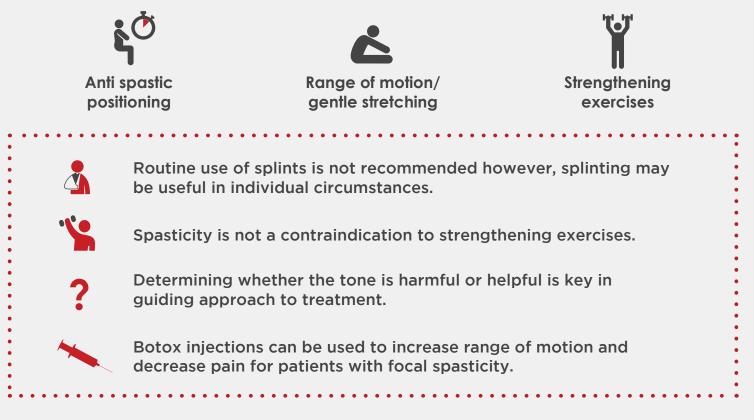
Approximately 1/3 of all stroke survivors will experience "spasticity" which is defined as a velocity dependent tonic muscle contraction. Spasticity can lead to pain, impaired function and poor quality of life.

## **IDENTIFICATION**

Early detection through assessment is key to identifying and effectively managing spasticity.

## RECOMMENDATIONS

Spasticity and contractures resulting from spasticity can be addressed by:



## EARLY IDENTIFICATION AND TREATMENT OF SPASTICITY IS KEY TO ENABLING RECOVERY!

