



Life's a Conversation.

The Path to Resilience

A FREE 2-Part Support Workshop for Family Members
and Friends of People Living with Aphasia
in Ontario, Canada

NOVEMBER 15 & 22
1:30 - 2:30 PM
ONLINE VIA ZOOM



To Register:

www.aphasia.ca/path-to-resilience/

Registration Deadline: Monday,
November 14

Successful applicants will receive a
confirmation email with Zoom link

You should attend if:

- You have a family member or friend recently diagnosed with aphasia, following a stroke or brain injury
- You have a family member who has been living with aphasia for a while
- You are a resident of Ontario, Canada

Workshop Goals:

- Explore your own needs as you adapt to life with a family member or friend with aphasia
- Receive support on your 'care partner' journey, as you process the many losses and changes you have experienced
- Develop coping strategies, increase resilience and find hope

This exciting free workshop is made available with support from Ontario Health

Questions?

Contact Allison Tedesco: atedesco@aphasia.ca