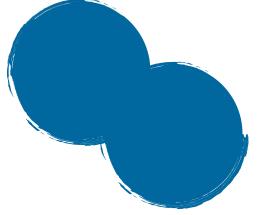## How will I be contacted?

Within one to four days of your hopsital discharge, you (or your primary contact person, if specified) will be called by a team member from Ontario Health atHome to complete an assessment.

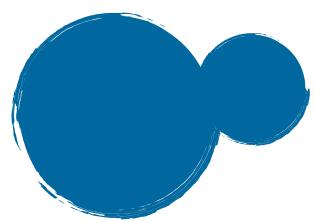## To qualify for stroke rehabilitation programs, patients must:

- Be living in a home or retirement home,

- Have had a recent stroke (within six months),

- Be willing and able to take part in an intensive therapy program,

- Be able to follow instructions from a therapist,

- Have a caregiver to attend therapy with if help from two people is needed to get in and out of a chair.

What if I have questions?

Please call Ontario Health atHome at:

613.745.5525 x 5875 or

Toll-free 1.800.538.0520 x 5875

December 2024

Ontario Health atHome

Santé **Bruyère** Health

Outpatient

Stroke Rehabilitation Services

Offering you seamless access to the care you need after hospital discharge

Seamless access to care after hospital discharge

To ensure stroke survivors have access to the outpatient rehabilitation program best aligned with your needs, Ontario Health atHome and Bruyère Health are partnering to ensure your seamless access to care:

- **Patients who would do well in a clinical setting** may participate in the Outpatient Stroke Rehabilitation Program at Bruyère Health and

- **Patients who would do well in their home setting** may participate in the Community Stroke Rehabilitation Program offered by Ontario Health atHome, or may be referred to another appropriate community service that best fits their needs.

We look forward to supporting you in your care journey

Stroke rehabilitation programs aim to help people make the best recovery possible and return to meaningful activities following hospital discharge.

We will work with you to ensure you receive the services that are the best fit for your situation.

Referral

You have been referred for stroke rehabilitation by:

Name_____

Date _____

The following service(s) have been requested for you:

- ☐ Occupational therapy
- ☐ Physiotherapy
- ☐ Speech language therapy
- ☐ Social work
- ☐ Dietitian