

## EAST REGION

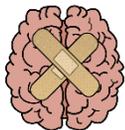
### Champlain

To return to the Main Page [click here](#).



## Category Listings

To access the resources listed under a specific category, click on the link located under the category title. **If you require assistance in using this resource, please refer to the HELP section on the main page or found on each of the Main Category pages.**



### ACQUIRED BRAIN INJURY SUPPORTS AND SERVICES

[Click here for the list of resources](#)

- Advocacy
- Associations
- Peer Support
- Community Programs
- Concussion
- Education
- Outpatient Rehabilitation
- Paediatric
- Research



### COMMUNITY SUPPORTS AND SOCIAL SERVICES

[Click here for the list of resources](#)

- Food and Shelter
- Culture and Equality
- Employment
- Income
- Legal
- Recreation



## SPECIALIZED SUPPORTS AND SERVICES

[Click here for the list of resources](#)

- Addictions
- Behavioural
- Developmental Disability
- Domestic Violence
- Homelessness
- Justice
- Mental Health



## ACCESSIBILITY

[Click here for the list of resources](#)

- Communication
- Publications
- Equipment
- Technology
- Transportation



## HEALTHCARE

[Click here for the list of resources](#)

- Advocacy
- Rights and Education
- Medical Benefits
- Home Support
- Medical
- Professional Directories

**Still not sure where to go for help?** If you need assistance to navigate resources and services within your Region (or beyond), please contact your local **Acquired Brain Injury System Navigator**: [Click here for the contact information](#).

The curators of this resource wish to express thanks to Connie Coburn, Champlain ABI System Navigator, for her contributions to the resources listed within this section.