

June is Stroke Awareness Month

Advance Care Planning in Stroke

June 24th 1:00 to 2:00 p.m.

Speakers:

Dr. Kelvin Ng, Stroke Medicine & General Internal Medicine Specialist, Hamilton Health Sciences **Gillian Maguire**, NP - Integrated Stroke Unit, Hamilton Health Sciences **Leigh Barr**, SLP - Integrated Stroke Unit, Hamilton Health Sciences

Using an interdisciplinary approach, we will discuss:

- Stroke as a serious illness
- Talking about stroke and critical treatment decisions
- Advance care planning in stroke
- Special considerations for stroke patients and palliative care
- Briefly touch on MAID and stroke



Canadian Stroke Best Practice Recommendations – "Patients surviving a stroke, as well as their families and informal caregivers, should be approached by the stroke health care team to participate in advance care planning."



Dr. Kelvin Ng was granted his medical degree in 2002 at Guy's, King's and St. Thomas' School of Medicine at the University of London in the United Kingdom. He has trained in Stroke Medicine at both McMaster University and at Nottingham University, United Kingdom. He is an Associate Professor in Medicine (Neurology) at McMaster University and is the Director of the Stroke Research Program at Hamilton Health Sciences. He is a clinical lead for the Palliative Care Education Program and an advocate for the Serious Illness Care Program at Hamilton Health Sciences.

Gillian Maguire, RN(EC) NP-adult, MN, Integrated Stroke Unit, Hamilton Health Sciences
Gillian earned her undergraduate nursing degree at Ryerson University in 2005 and her master's
degree and became a nurse practitioner in 2009. She began her career in the Emergency
Department in Toronto and Milton. She moved into Stroke care in 2018. Her clinical experience has
led her to have a passion in end of life care and patient advocacy. She is a clinical lead for the
Palliative Care Education Program and an advocate for the continued advancement of the Serious
Illness Care Program at Hamilton Health Sciences.

Leigh G Barr, MSc, SLP Reg-CASLPO - Integrated Stroke Unit, Hamilton Health Sciences
Leigh has been a SLP with the Integrated Stroke Program since 2005. She obtained her MSc- SLP
at the State University of New York at Fredonia in 2004. Leigh is an adjunct clinical professor with
McMaster University's school of SLP. Over the years, Leigh has participated in education endeavors
with medical education, research and tutoring. Special interests are in the areas of aphasia, outcome
measures and palliation/end-of-life care. When not working, Leigh enjoys time with her husband,
daughter and their sundry of household pets in Dundas, Ontario.