

HYPERGLYCEMIA

(HIGH BLOOD SUGAR)
SOME SYMPTOMS



Wabano



DRY MOUTH



EXCESSIVE THIRST



URINARY FREQUENCY



HEADACHE



The eagle is wise
and knows how to use his knowledge



FATIGUE
(TIRED/WEAK)

What is Hyperglycemia?

Hyperglycemia is when fasting blood sugar is at or above 11 mmol/L

What to do?



- Check your blood glucose
- Drink more water and sugar-free fluids (such as herbals teas and traditional teas)
- Take your medication as prescribed by your physician

If high blood sugar is occurring often, follow up with your healthcare provider.

Questions? Ask your Diabetes Team!

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TROUBLE
CONCENTRATING



VISION CHANGES